

Financial Assistance

University of Maryland Shore Regional Health understands that patients may be faced with a difficult financial situation when they incur medical bills that are not covered by insurance. We encourage every patient and family to pursue all available programs that may be offered through the local Departments of Social Services. There are many programs that you and your family may be eligible for, including pharmacy coverage and children's programs, even if your income may be above state guidelines. Shore Regional Health can offer financial assistance to our patients who are denied state assistance. Please speak with a Financial Services Representative to determine if you may be eligible for either full or discounted services under this program. The hospital will make a determination of probable eligibility within two business days following a patient's request for charity care services, application for medical assistance, or both. You may also contact our Financial Assistance Coordinator at 800-876-3364, extension 8619 for further information. Our financial aid programs will only apply to your hospital bills, and again, we encourage you to contact the Department of Social Services for assistance in paying all your medical bills. We may reschedule or delay non-emergency services until financial assistance or payment arrangements have been made. Please contact our office immediately to discuss the options that may be available to you.

UM Shore Regional Health Financial Assistance

For information on Maryland Medical Assistance contact your local Department of Social Services by phone **1-800-332-6347**; TTY: **1-800-925-4434**; or **www.dhr.state.md.us.**



Asistencia Financiera

University of Maryland Shore Regional Health comprende que los pacientes pueden enfrentar una situación financiera complicada cuando incurren en gastos médicos que no están cubiertos por el seguro. Alentamos a cada paciente y a su familia a que busquen todos los programas disponibles que puede ofrecer el Departamento de Servicios Sociales local. Existen muchos programas para los cuales usted y su familia pueden ser elegibles, incluyendo programas de cobertura farmacéutica e infantil, aún cuando sus ingresos estén por encima de las pautas estatales. Shore Regional Health puede ofrecer asistencia financiera a nuestros pacientes a quienes se les niega la asistencia estatal. Por favor, hable con un Representante de Servicios Financieros para determinar si es elegible, tanto para los servicios completos como para servicios con descuento conforme este programa. El hospital determinará la probable elegibilidad dentro de los dos (2) días hábiles posteriores a la solicitud de los servicios de atención de beneficencia del paciente, a la solicitud de Asistencia Médica o a ambas. Puede además ponerse en contacto con su Coordinador de Asistencia Financiera al 800-876-3364, extensión 8619 para obtener más información. Nuestros programas de ayuda financiera se aplicarán solamente a sus gastos hospitalarios, y nuevamente, lo alentamos a que se ponga en contacto con el Departamento de Servicios Sociales para obtener asistencia para el pago de todos sus gastos médicos. Podemos reprogramar o demorar los servicios que no sean de emergencia hasta que obtenga la asistencia financiera o se hayan realizado los arreglos de pago. Póngase en contacto con nuestra oficina inmediatamente para discutir las opciones que pueden estar disponibles para usted.

Asistencia Financiera de UM Shore Regional Health



Clark Breast Center grand opening June 22

opening and ribbon-cutting celebration at 5:30 p.m. Wednesday, June 22, at the Clark Comprehensive Breast Center, 10 Martin Court, Easton.

Named in recognition of a \$5 million gift from The Clark Charitable Foundation Inc., a private philanthropic organization funded by the A. James Clark Family, the center's expansion was part of a \$6.5 million renovation project at UM Shore Regional Health's Diagnostic and Imaging Center, housed at the same location.

The 16-month project, which began February 2015, was completed in three phases, and in addition to the expansion of the Breast Center to its new location, encompassed all laboratory and imaging spaces.

Under the leadership of medical director Roberta J. Lilly, the Clark Comprehensive Breast Center provides a variety of breast atespence@umm.edu.

EASTON — The University of Maryland health services, including diagnosis and Shore Regional Health will host a grand treatment of benign and malignant breast disease. Other services include support groups, telemedicine genetic counseling services, the Wellness for Women program, a breast screening program that promotes early detection of breast cancer, and a Women's Health Boutique for post-mastectomy garments, prosthetics and swim wear.

> The Diagnostic and Imaging Center offers laboratory and imaging technologies, including phlebotomy; digital mammography with Tomosynthesis, 3-D; bone density screening; ultrasound; MRI, PET and 64-slice CT scanning; X-ray; fluoroscopy; EKG and Cardiac CT Scoring.

To confirm attendance at the grand opening, contact Christina Wingate-Spence, communications and marketing specialist, Corporate Communications and Marketing, at 410-822-1000, ext. 5732, or email cwing



Spring fashion show hosted by **Robin Hood Shop**

The Robin Hood Shop held its annual spring fashion show at the Dorchester General Hospital Auxiliary's general membership meeting and luncheon. Shop volunteers modeled spring fashions that can be found at Robin Hood, including clothing and accessories, such as jewelry, hats, shoes and handbags. Models included Suzette Stitely, Gloria Whaley, Daniel Trentler, Peggy Warner, Diane McCarthy, Cindy Outen, Joy Loeffler, Julie Mowery, and Barbara Weiss and her granddaughter, Jemma Robinson. Debbie Thomas served as the event emcee, and Gordon Bugby, organ player, provided the entertainment. From left are emcee Debbie Thomas and models Suzette Stitely, Gloria Whaley, Daniel Trentler, Peggy Warner, Cindy Outen and Diane McCarthy. The shop, operated by the auxiliary, offers gently used clothing, accessories and household items. Shop hours are 9 a.m. to 4 p.m. Monday through Friday and 10 a.m. to 2 p.m. Saturday.

grams during the fall and spring, as well

Blast forward to visit YMCA camp

EASTON — The YMCA of the Chesapeake soccer program, which will be operated by recently announced a visit by Baltimore the YMCA of the Chesapeake. It includes Blast forward Tony Donatelli, who will participate in the new FC Tred Avon Soccer Camp, held at 10 a.m. Wednesday, June 22, at the Easton Family YMCA.

Campers will spend the morning with with Donatelli as he leads children through skills and drills stations.

both indoor and outdoor soccer games.

competitive and instructional soccer proas indoor soccer during the winter and in-

CALENDAR

INFORMATION WELCOME

submit information, please community@stardem.com or fax 410-770-4019. Items may be mailed to The Star Democrat, P.O. Box 600, Easton, MD 21601. News from clubs, churches and nonprofit groups will be accepted. Meetings not open to the public will not be published. The deadline for items to appear is TWO WEEKS in advance of the event. Please include a phone number and contact email addresses. Events are published as space allows

TODAY

WEDNESDAY MORNING ART-ISTS, Creek Deli, Cambridge. 8 a.m. Discussions, speakers and exhibits. All are welcome. Info: 410-463-0148.

STRONG WOMEN IN BUSI-**NESS NETWORKING BREAK-**FAST, Talbot County Government Office, Easton. 9 to 10:15 a.m. Kerry Gunshenan, speaker and trainer, will present "Three Keys to Accelerating Your Results." Registration required. Info: 410-546-1900

YARN AND NEEDLE GROUP, Talbot Senior, Easton. 9:30 to 11:30 a.m. Info: 410-822-2869. GED CLASS REGISTRATION, Caroline County Public Library, Denton. 10 a.m. to 1 p.m. Appointment required. Info: 410-

829-6043 **STORY TIME,** Caroline County Public Library, Denton. 10:15 and 11 a.m. For children ages 5 and under. Info: 410-479-1343. **STORY TIME,** Talbot County Free Library, St. Michaels. 10:30 a.m. For children ages 5 and under, must be accompanied by an

adult. Info: 410-745-5877. **PLAYGROUP,** Caroline County Public Library, Federalsburg. 10:30 to 11:30 a.m. Brief story time, followed by playtime. For children 5 and under. Info: 410-

754-8397 **READ TO LATTE,** Talbot County Free Library, Easton. 11 a.m. to noon. Info: 410-822-1626.

LEGION GRILL, American Legion Post 70, Easton. 11 a.m. to 1:30 p.m. Specials and carryouts available. Info: 410-822-

TEEN WRITING GROUP, Caroline County Public Library, Denton. 4:30 to 5:30 p.m. For teens in grades nine through 12. Info:





CONTRIBUTED PHOTO

Honoring Carlton Spitzer

On May 14, three performers from Chesapeake Center Inc. participated in honoring Carlton Spitzer at the Holy Trinity Church in Oxford. Spitzer was an author, columnist for The Star Democrat and advocate for the mentally ill and disabled. The performers sang "What a Wonderful World." From left are Tishawana Nesbit, Donald Hemsley and Sherri Cooper.

410-479-1343

LITE FARE DINNER, VFW Post 5118, Easton. 5 to 7 p.m. Pulled pork special with sides. Cost: \$6. Info: 410-822-8619

MOTON HIGH SCHOOL ALUM-NI MEETING, American Legion Post 77, Easton. 6 p.m. Info:

BOOK DISCUSSION, Caroline County Public Library, Greensboro. 6 p.m. The group will discuss "The Fault in Our Stars" by John Green. Info: 410-482-2173. PRESTON CARNIVAL, Williamson Street, Preston. 7 to 11 p.m. Rides, games, bingo and food. Hosted by the Preston Lions Club and Preston Volunteer Fire Company.

THURSDAY, JUNE 23 PUPPET SHOW, Caroline County Public Library, Denton. 11 a.m. A puppet show about healthy choices. For all ages. Info: 410-

479-1343.

SENIOR SWIM CLASS, Fitness Rx. Stevensville. 11 a.m. to noon. An open swim time for students to practice water exercises on their own. Cost: \$20. Info: 410-604-3801 or 410-827-

MEMOIR WRITING, Talbot County Free Library, St. Michaels. 11 a.m. to 1 p.m. Record and share memories of life and family. Registration required. Info: 410-745-

LEGION GRILL, American Legion Post 70, Easton. 11 a.m. to 1:30 p.m. Specials and carryouts available. Info: 410-822-

RED CROSS TRAINING, Talbot County Free Library, Easton. 2 to 3 p.m. Learn the importance of disaster preparedness. For children entering third grade and up. Registration required. Info:

HALF-POUND SHRIMP DIN-NER, American Legion Post 70, Easton. 3 to 9 p.m. Info: 410-

WINE AND CHEESE ON THE MILES, Chesapeake Bay Maritime Museum, St. Michaels. 4 to 6 p.m. Learn about St. Michaels history. Cost: \$45. Info: 410-822-2869, ext. 255.

FREE SKIN CANCER SCREEN-ING, Dorchester County Health Department, Cambridge. 5:30 to 7:30 p.m. Sponsored by the University of Maryland Shore Regional Health. Registration required. Info: 410-820-6800. SEMINAR, Goodwill Fire Company, Centreville. 6 to 8 p.m. "A Guide to Planning Your Will." Registration required. Info: 410-822-1000, ext. 5792

RIVERFRONT CONCERT SE-RIES, Custom House lawn, Chestertown. 6:30 p.m. Featuring music by Charm City Junction. Bring your own blankets

SUMMER CONCERT SERIES, Muskrat Park, St. Michaels. 6:30 to 8 p.m. Featuring music by the Hometown Girls. Hosted by the St. Michaels Community

THURSDAYS IN THE PARK CONCERT SERIES, Hemingway's Restaurant, Stevensville. 7 p.m. Featuring music by the Chesapeake Sons. Food and beverages will be available for purchase. Info: www.queenan nescountyarts.com

PRESTON CARNIVAL, Williamson Street, Preston. 7 to 11 p.m. Rides, games, bingo and food. Hosted by the Preston Lions Club and Preston Volunteer

FRIDAY, JUNE 24 TOURNAMENT,

ROCKFISH Pier Street Marina, Oxford. Arrive at 5:30 a.m., fishing begins at 6 a.m. Cost: \$125, includes half day of fishing, luncheon, refreshments and award ceremony, \$75 if you bring your own boat. Info: 410-822-4653

FRIDAY MORNING ARTISTS MEETING, Denny's, Easton. 8 a.m. Artists in any medium and skill level are welcome. Info: ted muellerphotography@gmail.com or 443-955-2490.

WORKSHOP, Trinity Episcopal Cathedral, Easton. 9 a.m. to 3 p.m. "Spinning Plant Fiber" with instructor Patsy Sue Zawistoski. Cost: \$60. Info: 410-822-6580. ADVENTURES IN CODING. Talbot County Free Library, Easton. 10 to 11:15 a.m. Class led by Matthew McCowan. For children ages 6 to 10. Registration required. Info: 410-822-1626. **LEGION GRILL**, American Le-

gion Post 70, Easton. 11 a.m. to 1:30 p.m. Specials and carryouts available. Info: 410-822-

ADVENTURES IN CODING, Talbot County Free Library, St. Michaels. 2 p.m. Learn the basics of computer coding with handson and virtual activities. For children ages 6 to 10. Registration required. Info: 410-745-5877.

BURGER DINNER, American Legion Post 70, Easton. 3 to 9 p.m. Info: 410-822-9138 ELECTRONICS WORKSHOP,

Caroline County Public Library,

Denton. 4:30 to 5:30 p.m. For ages 8 and older. Registration required. Info: 410-479-1343. SPAGHETTI DINNER, Grasonville Senior Center. 4:30 to 7:30 p.m. Cost: \$9 for adults, \$4 for children under 10. Cost includes salad, bread and dessert. Dine-in or carryout. Info: 410-827-6010. TOP CHEF RETREAT, Riverview Retreat Center, Pecometh Camp and Retreat Ministries, Centreville. 5 p.m. Chef Chris will teach basic cooking skills. Cost: \$199 per person for single occupancy, \$149 per person for double occupancy. Continues through 8 p.m. Saturday, June 25. Info:

. 410-556-690Ó LITE FARE DINNER, VFW Post 5118, Easton. 5 to 7 p.m. Crabcake special. Cost: \$15 for crabcake dinner, \$9 for sandwich. -8619.

WORKSHOP, Evergreen: A Center for Balanced Living, Easton. 5:30 to 7:30 p.m. Led by Dr. Sandra Burke. Continues Saturday, June 25. Info: 410-819-

SALMON CAULIFLOWER CAS-SEROLE DINNER, Bay Country Moose Family Center, Queen-

stown. 6 to 7:30 p.m. Info: 410-827-7900. FAMILY FUN NIGHT, Easton Bowling Center. 6 to 9 p.m.

Door prizes, bake sale, raffle and bowling specials. Cost: \$15. Proceeds benefit the Junior Gold Youth Bowlers of Talbot County. Info: 410-822-3426 JAZZ UNDER THE STARS

CONCERT AND FISH FRY, St. Stephen's AME Church, Easton. 7 p.m. Bring your own chairs and blankets. Food and beverages will be available for purchase. Info: 410-822-6147

ELKS FAMILY AND FRIENDS NIGHT, Elks Lodge No. 974, Easton. 7 to 10 p.m. Part of the annual organization weekend celebration. Cost: \$5

PRESTON CARNIVAL, Williamson Street, Preston. 7 to 11 p.m. Rides, games, bingo and food. Hosted by the Preston Lions Club and Preston Volunteer Fire Company.

Financial Assistance

University of Maryland Shore Regional Health understands that patients may be faced with a difficult financial situation when they incur medical bills that are not covered by insurance. We encourage every patient and family to pursue all available programs that may be offered through the local Departments of Social Services. There are many programs that you and your family may be eligible for, including pharmacy coverage and children's programs, even if your income may be above state guidelines. Shore Regional Health can offer financial assistance to our patients who are denied state assistance. Please speak with a Financial Services Representative to determine if you may be eligible for either full or discounted services under this program. The hospital will make a determination of probable eligibility within two business days following a patient's request for charity care services, application for medical assistance, or both. You may also contact our Financial Assistance Coordinator at 800-876-3364, extension 8619 for further information. Our financial aid programs will only apply to your hospital bills, and again, we encourage you to contact the Department of Social Services for assistance in paying all your medical bills. We may reschedule or delay non-emergency services until financial assistance or payment arrangements have been made. Please contact our office immediately to discuss the options that may be available to you.

UM Shore Regional Health Financial Assistance

For information on Maryland Medical Assistance contact your local Department of Social Services by phone 1-800-332-6347; TTY: 1-800-925-4434; or www.dhr.state.md.us.



Asistencia Financiera

University of Maryland Shore Regional Health comprende que los pacientes pueden enfrentar una situación financiera complicada cuando incurren en gastos médicos que no están cubiertos por el seguro. Alentamos a cada paciente y a su familia a que busquen todos los programas disponibles que puede ofrecer el Departamento de Servicios Sociales local. Existen muchos programas para los cuales usted y su familia pueden ser elegibles, incluyendo programas de cobertura farmacéutica e infantil, aún cuando sus ingresos estén por encima de las pautas estatales. Shore Regional Health puede ofrecer asistencia financiera a nuestros pacientes a quienes se les niega la asistencia estatal. Por favor, hable con un Representante de Servicios Financieros para determinar si es elegible, tanto para los servicios completos como para servicios con descuento conforme este programa. El hospital determinará la probable elegibilidad dentro de los dos (2) días hábiles posteriores a la solicitud de los servicios de atención de beneficencia del paciente, a la solicitud de Asistencia Médica o a ambas. Puede además ponerse en contacto con su Coordinador de Asistencia Financiera al 800-876-3364, extensión 8619 para obtener más información. Nuestros programas de ayuda financiera se aplicarán solamente a sus gastos hospitalarios, y nuevamente, lo alentamos a que se ponga en contacto con el Departamento de Servicios Sociales para obtener asistencia para el pago de todos sus gastos médicos. Podemos reprogramar o demorar los servicios que no sean de emergencia hasta que obtenga la asistencia financiera o se hayan realizado los arreglos de pago. Póngase en contacto con nuestra oficina inmediatamente para discutir las opciones que pueden estar disponibles para usted.

Asistencia Financiera de UM Shore Regional Health



SENIOR SATELLITE

Private home care promotes faster, safer recovery

When someone you know readmissions are prevent- on care, doctor appointsuffers an illness, heart attack or stroke the road to recovery can be long and difficult. Depending on the severity they may go from the hospital to a skilled nursing rehabilitation facility. If rehabilitation is required it may involve physical, speech or occupational therapy. The goal of the SNF is to improve the lifestyle change recomhealth and ability of the individual in order for them to return home safely.

nearly 1 in 5 patients who leave the hospital or a SNF are readmitted within the next month and that more than 75 percent of those

When someone leaves a hospital or SNF they are usually healthy enough to return home but may still require additional care and recovery time. The top five reasons for re-admission to the hospital within 30 days

- Non-compliance with mendations from doctors or therapists
- Failure to take medica-Medicare data shows that tion correctly, including required regimen changes
 - Patient not properly directed or informed of available home health services
 - Lack of follow through

ments and tests once discharged

• Failure of doctors to encourage home health ser-

Suffering a fall or an accident once an individual returns home is common. Depending on the severity it may create new medical issues such as a broken bone or head trauma. Many families hire a private home care agency to provide an aide/caregiver to assist their loved one at critical points during the day such as showering/bathing and dressing. A small amount of extra help with activities of daily living at home during

can be life saving.

Private home care aides/ caregivers can provide the following to help with recov-

- Medication management and supervision to ensure regimen changes are adhered to
- Fall prevention to reduce the chance of re-injury
- Grocery shopping and preparation of balanced meals
- Assistance with personal care which helps prevent infections and falls
- Transportation to doctor appointments, tests, and necessary follow up appoint-
- Encouragement of life style changes while family members are not at home to assist
- Early identification of

conditions

· Assistance with exercises prescribed by therapists

Home care assistance will not prevent all return trips to the hospital or a SNF but it will greatly reduce the chance that someone needs to go back and or reduce the length of the required stay if issues are identified early. The key is the development of a proper plan of care by a registered nurse and periodic supervision to make sure the patient is following the plan.

Home care can be tailored to meet each patient's specific needs from a few hours per day to 24/7. It can last for a day, a week, several months or long term depending on the individual and family's needs. It can also start out with longer

the early stages of recovery complications or return of shifts and decrease as the patient improves and then be eliminated once they have recovered.

The cost of private home care is not covered by Medicare. In most cases it is paid by the patient, family or long term care insurance and is in the range of \$21 to \$24 per hour.

Many families believe the benefits far out way the cost especially in the first few weeks/months after your loved one has returned home. That is why more and more people are choosing home care to make sure their loved has the best chance at recovery. No one wants someone's health to decline due to a fall that could have been avoided or from a lack of effort in doing what is required to improve their health.

Where can you get senior care for around \$5 per hour?

WHITEWOOD!



(1) hitewood

- 24 hour care All meals, housekeeping included Private Room and bath • Newly remodeled facility
- Assistance with dressing, grooming, bathing, transferring
 Fun including activities like bingo, puzzles, exercise, pets Care for the resident's pet

410.304.2239

112 Collier Road • Grasonville, MD www.whitewoodassistedliving.com



SHORE

From Page 21

of Social Services, said Talbot County is piggybacking off a statewide initiative to deal with some of the problems Diriker raised regarding the Shore's aging population.

"We are expanding our partnerships so that we can look at unique ways to expand the services for individuals in our community who want to age in place," Sharp said.

One example of that initiative is the Talbot Village concept, which is still in its very beginnings, she said.

The village concept brings people together who live within a small village or a community who can help those who have additional needs and who want to grow older in their home.

"It can be as simple as someone who needs help jboll_stardem.

changing a lightbulb that they can't safely reach anymore, to taking somebody to the grocery store," Sharp

One of the goals of the Talbot Senior Summit was to bring people together who may have something to give back — creating those partnerships important to aid with the aging population is-

Follow me on Twitter @

Financial Assistance

University of Maryland Shore Regional Health understands that patients may be faced with a difficult financial situation when they incur medical bills that are not covered by insurance. We encourage every patient and family to pursue all available programs that may be offered through the local Departments of Social Services. There are many programs that you and your family may be eligible for, including pharmacy coverage and children's programs, even if your income may be above state guidelines. Shore Regional Health can offer financial assistance to our patients who are denied state assistance. Please speak with a Financial Services Representative to determine if you may be eligible for either full or discounted services under this program. The hospital will make a determination of probable eligibility within two business days following a patient's request for charity care services, application for medical assistance, or both. You may also contact our Financial Assistance Coordinator at 800-876-3364, extension 8619 for further information. Our financial aid programs will only apply to your hospital bills, and again, we encourage you to contact the Department of Social Services for assistance in paying all your medical bills. We may reschedule or delay non-emergency services until financial assistance or payment arrangements have been made. Please contact our office immediately to discuss the options that may be available to you.

UM Shore Regional Health Financial Assistance

For information on Maryland Medical Assistance contact your local Department of Social Services by phone 1-800-332-6347; TTY: 1-800-925-4434; or www.dhr.state.md.us.



Asistencia Financiera

University of Maryland Shore Regional Health comprende que los pacientes pueden enfrentar una situación financiera complicada cuando incurren en gastos médicos que no están cubiertos por el seguro. Alentamos a cada paciente y a su familia a que busquen todos los programas disponibles que puede ofrecer el Departamento de Servicios Sociales local. Existen muchos programas para los cuales usted y su familia pueden ser elegibles, incluyendo programas de cobertura farmacéutica e infantil, aún cuando sus ingresos estén por encima de las pautas estatales. Shore Regional Health puede ofrecer asistencia financiera a nuestros pacientes a quienes se les niega la asistencia estatal. Por favor, hable con un Representante de Servicios Financieros para determinar si es elegible, tanto para los servicios completos como para servicios con descuento conforme este programa. El hospital determinará la probable elegibilidad dentro de los dos (2) días hábiles posteriores a la solicitud de los servicios de atención de beneficencia del paciente, a la solicitud de Asistencia Médica o a ambas. Puede además ponerse en contacto con su Coordinador de Asistencia Financiera al 800-876-3364, extensión 8619 para obtener más información. Nuestros programas de ayuda financiera se aplicarán solamente a sus gastos hospitalarios, y nuevamente, lo alentamos a que se ponga en contacto con el Departamento de Servicios Sociales para obtener asistencia para el pago de todos sus gastos médicos. Podemos reprogramar o demorar los servicios que no sean de emergencia hasta que obtenga la asistencia financiera o se hayan realizado los arreglos de pago. Póngase en contacto con nuestra oficina inmediatamente para discutir las opciones que pueden estar disponibles para usted.

Asistencia Financiera de UM Shore Regional Health



Thornton leads the 2016 All-Mid-Shore cast

Fisher Coach of the Year after Saints' undefeated regular season

By CHRIS KNAUSS

cknauss@stardem.com

ST. MICHAELS — Two-thousand sixteen was the year of the Saints.

Typically a .500 team, St. Michaels High's softball team epitomized the word "team" this year as a combination of senior leadership, talented underclassmen, and heady coaching resulted in a remarkable undefeated regular season for the Saints and their first Bayside Conference championship.

Leading the way for St. Michaels was gritty senior catcher Melissa Richardson who, combined with pitchers Angelica Sichette, Savannah Stewart, and McKenna Browning, kept opposing teams' bats in check. The Saints' offense took advantage of every opportunity on the bases and came of age with a 19-1 pasting of county rival Easton on April 18.

For their efforts, Browning and Richardson were among the top vote-getters of Mid-Shore players as selected by coaches at the end of the season.

As good as Richardson was this season, another senior catcher received the most votes of any player, North Caroline's Clara Thornton, whose presence behind and at the plate drew earned her respect around the diamond, as well as the All-Mid-Shore Player of the Year.

Dave Fisher, in his first year as



PHOTO BY CHRIS KNAUSS

MCKENNA

BROWNING

North Caroline High's Clara Thornton watches the flight of the ball on the way to an RBI-double against St. Michaels on April 27.

the head coach for the Saints, was chaels High and an obvious choice as this year's only a sopho-Mid-Shore Coach of the Year. more, I'm excited

Here's a look at this year's All-Mid-Shore teams:

First Team

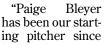
Pitcher McKenna Browning St. Michaels

Browning went 14-0 on the mound and finished the regular season with an 0.87 earned-run average. She struck out 122 batters.

"McKenna is one of those rare gems that only comes along every so often," Fisher said. "Already arguably one of the best pitchers to ever attend St. Michaels High and only a sophomore, I'm excited to see what the future holds for her. Her talent, drive, and dedicated work ethic can only help her get better. She is the quiet confident player that you can always

count on to do her job, but she is always working to get better."

Paige Bleyer Cambridge-South Dorchester Bleyer struck out 160 batters this season and finished with a 1.44 ERA. At the plate, she knocked in 14 runs, had a batting average of .396, and an onbase-percentage of .475.

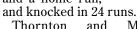


her freshmen year and has led us to two section finals and one region final," Vikings head coach Kareem Otey said. "Without her, we would have never been able to go as far as we did and not having her next year will be a tremendous loss."

Catcher Clara Thornton North Caroline

Thornton's throwbacks to her

pitcher were glove-popping and served notice that runners at first should stay put. She led the Bulldogs with batting .517average. She stroked 30 hits, including doubles, a triple, and a home run,



Thornton and Mackenzie Short were the only two seniors playing for the Bulldogs this season.

"Clara and Mac have been brick walls for us for four years," Bulldogs head coach Renee Barringer said. "Their athletic ability is top notch and they will both be missed."



PAIGE BLEYER

CLARA

THORNTON

Melissa Richardson St. Michaels

Richardson caught 20 games

and finished the season with a .444 batting average and an onbase percentage of .538. She stole five bases and scored 30 runs. She blasted a pair of homers, tripled four times, and doubled twice among 24 hits. Be-



MELISSA RICHARDSON

hind the plate, she threw out 14 of 16 baserunners trying to steal.

"Melissa is the kind of athlete coaches look for in a player and team leader," Fisher said. "As a captain this year she not only led but was part of the foundation we were able to build our successes on. Even though she also led in many of the team stats, she constantly worked to improve and help those around her improve."

Alyssa Kendall Kent County Kendall caught all but one game

for the Trojans with a fielding percentage of .988. Like Thornton and Richardson, she also produced plenty of offense, finishing the season with a .468 batting average. Among her hits were three doubles, two triples, and a home run.



KENDALL

See **SOFTBALL** Page 30

Financial Assistance

University of Maryland Shore Regional Health understands that patients may be faced with a difficult financial situation when they incur medical bills that are not covered by insurance. We encourage every patient and family to pursue all available programs that may be offered through the local Departments of Social Services. There are many programs that you and your family may be eligible for, including pharmacy coverage and children's programs, even if your income may be above state guidelines. Shore Regional Health can offer financial assistance to our patients who are denied state assistance. Please speak with a Financial Services Representative to determine if you may be eligible for either full or discounted services under this program. The hospital will make a determination of probable eligibility within two business days following a patient's request for charity care services, application for medical assistance, or both. You may also contact our Financial Assistance Coordinator at 800-876-3364, extension 8619 for further information. Our financial aid programs will only apply to your hospital bills, and again, we encourage you to contact the Department of Social Services for assistance in paying all your medical bills. We may reschedule or delay non-emergency services until financial assistance or payment arrangements have been made. Please contact our office immediately to discuss the options that may be available to you.

UM Shore Regional Health Financial Assistance

For information on Maryland Medical Assistance contact your local Department of Social Services by phone **1-800-332-6347**; TTY: **1-800-925-4434**; or **www.dhr.state.md.us.**



Asistencia Financiera

University of Maryland Shore Regional Health comprende que los pacientes pueden enfrentar una situación financiera complicada cuando incurren en gastos médicos que no están cubiertos por el seguro. Alentamos a cada paciente y a su familia a que busquen todos los programas disponibles que puede ofrecer el Departamento de Servicios Sociales local. Existen muchos programas para los cuales usted y su familia pueden ser elegibles, incluyendo programas de cobertura farmacéutica e infantil, aún cuando sus ingresos estén por encima de las pautas estatales. Shore Regional Health puede ofrecer asistencia financiera a nuestros pacientes a quienes se les niega la asistencia estatal. Por favor, hable con un Representante de Servicios Financieros para determinar si es elegible, tanto para los servicios completos como para servicios con descuento conforme este programa. El hospital determinará la probable elegibilidad dentro de los dos (2) días hábiles posteriores a la solicitud de los servicios de atención de beneficencia del paciente, a la solicitud de Asistencia Médica o a ambas. Puede además ponerse en contacto con su Coordinador de Asistencia Financiera al 800-876-3364, extensión 8619 para obtener más información. Nuestros programas de ayuda financiera se aplicarán solamente a sus gastos hospitalarios, y nuevamente, lo alentamos a que se ponga en contacto con el Departamento de Servicios Sociales para obtener asistencia para el pago de todos sus gastos médicos. Podemos reprogramar o demorar los servicios que no sean de emergencia hasta que obtenga la asistencia financiera o se hayan realizado los arreglos de pago. Póngase en contacto con nuestra oficina inmediatamente para discutir las opciones que pueden estar disponibles para usted.

Asistencia Financiera de UM Shore Regional Health



Millington budget includes employee raises for FY17

By TRISH MCGEE

pmcgee@thekentcountynews.com

MILLINGTON — Minus the town administrator and one councilman, the council here breezed through a light agenda Tuesday, June 14.

The meeting, which was sparsely attended, adjourned at 7:08 p.m. — less than 40 minutes after Millington Mayor C.J. Morales gaveled the meeting to order at 6:30 p.m.

Each of four action items was approved by a 4-0 vote.

Councilman David Rice was unable to attend due to a commitment he had as chief of Kent County Emergency Medical Services, Morales said.

There was no discussion prior to the unanimous vote to adopt the Fiscal Year 2017 budget.

Morales and council members Kevin Hemstock, Shelly Holland and Eli Manning held a closed-door session to discuss personnel prior to the vote on the budget. They left the meeting room and went into another part of the town office building at 6:58 p.m. and returned about three minutes later.

There was no reporting on what action, if remained unchanged for next year. any, was taken in the closed session.

In a follow-up telephone call Thursday, June 16, Morales said the council voted in closed session to give raises to the town's three employees — Town Administrator Jo Manning, Clerk-Treasurer Michelle Marshall and maintenance man Jim Baxter.

"It's not much, basically just a cost of living raise," Morales said in the brief phone interview.

1. It's their ticket home if they get lost.

to report this. Your cat or dog may be waiting at the Humane Society.

2. Licensing encourages spaying and neutering.

3. It helps reduce the number of rabies cases.

epidemic, which threatens the lives of people and pets.

Town Administrator Manning confirmed Wednesday, June 22 that each employee received a 3-percent raise.

She was still calculating the payroll costs for next year as of press time Wednesday, so could not give a firm number for total expenses for the FY 2017 budget.

Revenues will total \$168,432. Total expenses will be close to that, said Manning, with the town coming out on the plus by about \$10,000.

"We're not going to be in the red. We should come out a little ahead," she said Wednesday.

Also approved was Resolution 2016-01, which amended the sewer rate. Beginning July 1, there will be a charge of \$6 for every 1,000 gallons used above the 12,000 gallons allotted per quarter — bringing the fee schedule in line with the water system. A flat fee of \$78.75 is charged quarterly for up to 12,000 gallons.

Morales said only six households, or about 3 percent, exceeded the 12,000 threshold last quarter. "It's usually the same people

every quarter," he said.

All other building and construction fees

Public hearings were held prior to the separate votes June 14 on the FY17 budget (Resolution 2016-02) and the amended fee schedule. There were only two people in the audience, and neither one of them spoke out against either resolution.

Both resolutions become effective July 1, which is the start of a new fiscal year.

The budget was introduced at the May 10 meeting.

In Other News:

• The contract to clean up the rubble from a controlled burn and haul away a dilapidated trailer on two properties in the 200-block of Sassafras Street was awarded to the low bidder, Brown's Lawn & Tree Care. The contract, for \$5,000, is contingent upon the company providing documentation of its insurance coverage.

Danny McHenry Backhoe & Paving (\$6,500) and Unruh Excavating (\$7,150) also submitted bids to clean up property that the town owns on the Queen Anne's side of the Chester River.

The town purchased 26 acres in Queen Anne's with a grant from the Federal Emergency Management Agency, including the properties at 230 and 238 Sassafras St. that have been razed. The town has annexed the properties with a long-range plan to expand its waterfront park.

• The Community Fire Company received a permit for a parade and carnival on Millington Day, which will be celebrated this year on Saturday, Sept. 24. The council voted to waive the permit fee.

• Chief Deputy Jim Culp reported that the Kent County Sheriff's Office conducted 52 speed assignments during the month of May, issuing 37 warnings and 51 citations. Deputies made three arrests for driving while impaired or driving while under the influence.

There were two criminal complaints, one each for second-degree assault and drug possession, and five non-criminal calls for

town pays for since it does not have its own town property.

police department, deputies answered six calls for service, issued 11 traffic warnings and 13 citations. Deputies totaled 2.5 hours of foot patrol and 9.5 hours of vehicle patrol at a total cost of \$591.50. A balance of \$1,975.64

remains for the fiscal year that ends June 30. During the special patrol, deputies made one DWI arrest and one criminal arrest for failure to appear in court in Delaware.

"Four DWI arrests and one for drugs, that's a little more than normal," Culp said.

Morales told Culp that there had been a complaint of malicious destruction of property earlier in the week at Robvanary Park. Hemstock said he had heard that people were "hanging around" the area late at night and Eli Manning said someone was "sleeping there the other day."

Repeating what he had told the council after previous meetings, Culp reminded them to call police when the offense is happening. "If it's suspicious to a citizen, it's probably suspicious to a police officer," he said.

• Don Reed of Maryland Environmental Service reported that there were no violations at the water plant or the wastewater plant in May.

A total of 5.89 tons of sludge was hauled from the wastewater plant.

One of the new valve replacements was due to be installed at the sewer plant Wednesday,

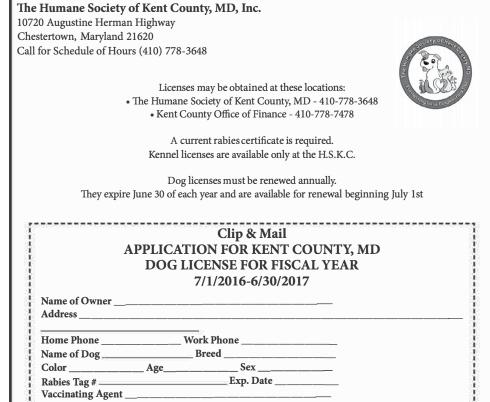
 Morales reported that Town Administrator Manning had completed the county health department's Zika virus training on measures to protect against mosquito bites In the special overtime patrol, which the and how to control mosquito breeding on



Elks salute American flag

a small American flag Saturday, June 18 during the annual Flag Day observation. From left are: David Reihl, Esquire; Tina Harris, interim chaplain; Moloney; Robert Raleigh, Esteemed Leading Knight; and Phil Anderson, Esteemed Loyal Knight. This year's Flag Day ceremony

CHESTERTOWN - Donna Moloney, Exalted Ruler of Chestertown Elks Lodge 2474, holds up included Cub Scout Pack 253, Boy Scout Troop 130 and Girl Scout Troop 404.



Fee: Neutered or Spayed \$5.00 • Unaltered \$10.00

Please make checks payable to The County Commissioners of Kent County Please mail this application fee, and proof of Rabies inoculation to:

Kent County Office Finance

400 High St., Chestertown, MD 21620

Amount Enclosed

Kent County Office Of Finance 400 High Street, Suite 200 Chestertown, MD 21620 • 410-778-7478 Hours: Monday - Friday 8:30 a.m. - 4:30 p.m.

Four Great Reasons Why You Should **License Your Dog**

During the year 2013 over 1200 animals came into the shelter and 70% were stray (no known owner). A stray animal jeopardizes the space of an adoptable. Because we have to hold a stray for 5 to 8 days for the public to reclaim their lost animal--this gives these strays priority to a holding kennel. The sad fact is that a truly homeless animal in need of that kennel is at risk of being euthanized. If Kent County residents wish to support our mission to save homeless animals, please keep identification on your pet (a license, an id tag & a microchip-available at the Humane Society) and if your pet becomes lost please contact the shelter

You can save \$5 every year for neutering your dog, and even more money in vet bills. It's a fact, neutered

animals live twice as long as unneutered animals. Neutering reduces or eliminates certain cancers which

A valid rabies certificate is required when you apply for a license. Maryland is experiencing a serious rabies

Kent County law requires the licensing of dogs over four months of age, as well as a current rabies

vaccination. It's a law that's designed to protect you, your pet and your community.

result in costly veterinary bills. The license fee is just \$5 a year for neutered pets, \$10 for unaltered pets.

PENSKE **Truck Rental & Leasing** Local • One Way Unlimited Mileage with One Way Rentals **Guaranteed Trucks** with Reservation 848 High St. Chestertown, MD 21620 Show Your Card & Save 410-810-2533



Financial Assistance

University of Maryland Shore Regional Health understands that patients may be faced with a difficult financial situation when they incur medical bills that are not covered by insurance. We encourage every patient and family to pursue all available programs that may be offered through the local Departments of Social Services. There are many programs that you and your family may be eligible for, including pharmacy coverage and children's programs, even if your income may be above state guidelines. Shore Regional Health can offer financial assistance to our patients who are denied state assistance. Please speak with a Financial Services Representative to determine if you may be eligible for either full or discounted services under this program. The hospital will make a determination of probable eligibility within two business days following a patient's request for charity care services, application for medical assistance, or both. You may also contact our Financial Assistance Coordinator at 800-876-3364, extension 8619 for further information. Our financial aid programs will only apply to your hospital bills, and again, we encourage you to contact the Department of Social Services for assistance in paying all your medical bills. We may reschedule or delay non-emergency services until financial assistance or payment arrangements have been made. Please contact our office immediately to discuss the options that may be available to you.

UM Shore Regional Health Financial Assistance

For information on Maryland Medical Assistance contact your local Department of Social Services by phone 1-800-332-6347; TTY: 1-800-925-4434; or www.dhr.state.md.us.



Asistencia Financiera

University of Maryland Shore Regional Health comprende que los pacientes pueden enfrentar una situación financiera complicada cuando incurren en gastos médicos que no están cubiertos por el seguro. Alentamos a cada paciente y a su familia a que busquen todos los programas disponibles que puede ofrecer el Departamento de Servicios Sociales local. Existen muchos programas para los cuales usted y su familia pueden ser elegibles, incluyendo programas de cobertura farmacéutica e infantil, aún cuando sus ingresos estén por encima de las pautas estatales. Shore Regional Health puede ofrecer asistencia financiera a nuestros pacientes a quienes se les niega la asistencia estatal. Por favor, hable con un Representante de Servicios Financieros para determinar si es elegible, tanto para los servicios completos como para servicios con descuento conforme este programa. El hospital determinará la probable elegibilidad dentro de los dos (2) días hábiles posteriores a la solicitud de los servicios de atención de beneficencia del paciente, a la solicitud de Asistencia Médica o a ambas. Puede además ponerse en contacto con su Coordinador de Asistencia Financiera al 800-876-3364, extensión 8619 para obtener más información. Nuestros programas de ayuda financiera se aplicarán solamente a sus gastos hospitalarios, y nuevamente, lo alentamos a que se ponga en contacto con el Departamento de Servicios Sociales para obtener asistencia para el pago de todos sus gastos médicos. Podemos reprogramar o demorar los servicios que no sean de emergencia hasta que obtenga la asistencia financiera o se hayan realizado los arreglos de pago. Póngase en contacto con nuestra oficina inmediatamente para discutir las opciones que pueden estar disponibles para usted.

Asistencia Financiera de UM Shore Regional Health



Evelyn "Lyn" R. Lewis CAMBRIDGE — Ev

"Lyn" R. Lewis, 62, of Cambridge, MD, passed away on Wednesday, June 15, 2016, Lewis, and at her home. She was born in Cambridge on August 5, 1953, and was a daughter of the late William Woodrow Bramble and Elizabeth Graham Bramble.

In 1971 following graduation from Easton High School she married Snap Lewis on August 5. She worked for the Daily Banner, Star Democrat, and Cambridge Creek Automotive. Lyn enjoyed family, her home and animals. She was interested in local history, reading, puzzles and gardening.

Lyn is survived by her husband Snap Lewis, two Faulkner sisters Gayle (Bob) and Phyllis Johnson (Rick), three sisters in law Margaret Bramble, Sandy Ripple (John), and Ann Sard (Tommy), two brothers in Home, P.A. in Cambridge.

law Randy Evelyn Lewis (Gale Mitchell) and Clay several nieces and nephews. Beside her parents and stepfather Douglas



EVELYN R. LEWIS

Sullivan, Lyn is preceded in death by two brothers, Dennis and Graham Bramble.

A celebration of life was held on Sunday, June 19, at St. Paul's Episcopal Church in Trappe, with Father Jack Mason officiating.

In lieu of flowers, memorial contributions can be made to the Kitty City Rescue, P.O. Box 1259, Cambridge, MD 21613. The family would like to thank the staff of Coastal Hospice for their care.

Arrangements are in the care of Thomas Funeral

John William Gray

John William Gray, 92, passed away May 12, 2016. John was born in Baltimore, MD and spent his last 5 years in Cambridge, MD. He was a WWII Navy combat veteran from 1943 to 1946. He retired as an engineer of Western Maryland Railroad, an assistant grandchildren and greatmanager of Tail of the Fox grandchildren.

Restaurant, and sales manager of Best Battery Com-

His wife, Verna Gray preceded him death. He is survived by his older sister Janet Marshall; son, John W. Gray II; daughters Delores Davis and Kathleen Evans. John has many wonderful

Audrey D. Johnson

Audrey D. Johnson, 92, of Cambridge passed away on Sunday, June 19, 201,6 at Mallard Bay Care Center. She was born in Woolford on March 2, 1924, and was a daughter of the late Harry Lee Higgins and Ida Moore Higgins.

gradu-Mrs. Johnson ated from Cambridge High School. On September 20, 1947, she married Robert Steele Johnson, who passed away on August 14, 1989. In 1943, she worked for the defense plant during WWII. Later, she worked at a local shirt factory and 35 years at Airpax plus a full time farmers wife. Mrs. Johnson enjoyed being on the water, going fishing, crabbing, gardening, watching sports and being with her grandchildren. When she was in her 80's, she went jet skiing, power sailing and drove a soap box derby car. Mrs. Johnson was a member of Friendship United Methodist Church where she was very active.

She is survived by two sons, Ronald S. Johnson and wife Connie of Cambridge and Lawrence A. Johnson and wife Barbara of Federalsburg; two grandchildren, Sherry Hitchcock and Dawn Ramey and husband Doug; three greatgrandchildren Douglas Ramey III, Jessica Ramey

Go to dorchesterstar.com for news around the Dorchester region

Riley and Hitchcock; brother, Ward Higgins of Hurlock. Besides her parents husand band, Mrs. Iohnson is preceded



AUDREY D. **JOHNSON**

in death by a sister, Dorothy Dunivin; five brothers, Merritt Higgins, William Higgins, Harry J. Higgins, Richard Higgins and Milton Higgins; and a greatgranddaughter, Sydney Hitchcock.

Pallbearers will be Doug Ramey, Jr., Doug Ramey III, Danny Higgins, Dale Price, Rustv Eberspacher, and Randy Johnson. Honorary pallbearer will be Jimmy Dunivin, Jr.

A funeral service will be held on Thursday, June 23, 2016 at 11 a.m. at Thomas Funeral Home, P.A. in Cambridge with Rev. Mary Ann Farnell officiating. Interment will follow at East New Market Cemetery. Family will receive friends on Wednesday evening 6 to 8 and one hour prior to the service. In lieu of flowers, memorial contributions can be made to Friendship United Methodist Church, c/o Mrs. Doris Weber, 5163 Maple Dam Road, Cambridge, MD 21613.

Dorothy Payne Udoff

Dorothy Payne Udoff, 98. of Cambridge, Maryland passed away on Saturday evening, June 18, 2016, at Mallard Bay Care Center, Cambridge with her family by her side.

Born on June 20, 1917, in Cambridge, Maryland, she was a daughter of the late Ruth Sewall Payne and Percy Powell Payne.

Dorothy attended the local schools and received her high school diploma. She then went on to obtain her Bachelor's degree at the American University College in Washington, D.C.

Dorothy married David R. Book and they had two sons. In 1966 she married Frank Udoff. They made their home in Baltimore for many years before moving back to the Eastern Shore to raise their family. Frank died in 1997.

Dorothy was a lifetime member of the Zion United Methodist Church, Cambridge Yacht Club, Dorchester General Hospital Ladies Auxiliary and the Dorchester County Historical Society. She loved to volunteer at the Cambridge Library and the Robin Hood Shop. Her favorite hobbies were playing bridge with her lady friends, talking politics and working in her flower garden. Dorothy will truly be missed by her family and friends.

Surviving her are two sons David D. Book (Devy) of California and Jay R. Book and wife Debi of Cambridge; granddaughters Cassie

Iones and husband Wes and Tracy Pete both Cambridge; greatgrandchildren Scotty Moxey and wife Christy Califor-

of



PAYNE UDOFF

nia, Cody Moxey, Bryce Jones, Kyle Jones, Alexis Pete and Reid Jones all of Cambridge; special friends Trudy Kesseler and Joseph Chester.

Preceding her in death besides her parents and husband were two sisters Peggy and Nancy Payne.

A private graveside funeral service will be held in the East New Market Cemetery with family.

Officiating will be Pastor Dale Krotee.

Dorothy's family will serve as pallbearers.

In lieu of flowers, memorial donations in memory of Dorothy can be sent to Dorchester General Hospital Auxiliary, P.O. Box 554, Cambridge, MD 21613, Dorchester County Historical Society, 901 LaGrange Ave., Cambridge, MD 21613 or Salvation Army Family Store, 704 Cambridge Plaza, Cambridge, MD 21613.

Arrangements entrusted to Newcomb and Collins Funeral Home, P.A., Cambridge.

To share online condolences with the family, please visit www.newcomb collins.com

Financial Assistance

University of Maryland Shore Regional Health understands that patients may be faced with a difficult financial situation when they incur medical bills that are not covered by insurance. We encourage every patient and family to pursue all available programs that may be offered through the local Departments of Social Services. There are many programs that you and your family may be eligible for, including pharmacy coverage and children's programs, even if your income may be above state guidelines. Shore Regional Health can offer financial assistance to our patients who are denied state assistance. Please speak with a Financial Services Representative to determine if you may be eligible for either full or discounted services under this program. The hospital will make a determination of probable eligibility within two business days following a patient's request for charity care services, application for medical assistance, or both. You may also contact our Financial Assistance Coordinator at 800-876-3364, extension 8619 for further information. Our financial aid programs will only apply to your hospital bills, and again, we encourage you to contact the Department of Social Services for assistance in paying all your medical bills. We may reschedule or delay non-emergency services until financial assistance or payment arrangements have been made. Please contact our office immediately to discuss the options that may be available to you.

UM Shore Regional Health Financial Assistance

For information on Maryland Medical Assistance contact your local Department of Social Services by phone 1-800-332-6347; TTY: 1-800-925-4434; or www.dhr.state.md.us.



Asistencia Financiera

University of Maryland Shore Regional Health comprende que los pacientes pueden enfrentar una situación financiera complicada cuando incurren en gastos médicos que no están cubiertos por el seguro. Alentamos a cada paciente y a su familia a que busquen todos los programas disponibles que puede ofrecer el Departamento de Servicios Sociales local. Existen muchos programas para los cuales usted y su familia pueden ser elegibles, incluyendo programas de cobertura farmacéutica e infantil, aún cuando sus ingresos estén por encima de las pautas estatales. Shore Regional Health puede ofrecer asistencia financiera a nuestros pacientes a quienes se les niega la asistencia estatal. Por favor, hable con un Representante de Servicios Financieros para determinar si es elegible, tanto para los servicios completos como para servicios con descuento conforme este programa. El hospital determinará la probable elegibilidad dentro de los dos (2) días hábiles posteriores a la solicitud de los servicios de atención de beneficencia del paciente, a la solicitud de Asistencia Médica o a ambas. Puede además ponerse en contacto con su Coordinador de Asistencia Financiera al 800-876-3364, extensión 8619 para obtener más información. Nuestros programas de ayuda financiera se aplicarán solamente a sus gastos hospitalarios, y nuevamente, lo alentamos a que se ponga en contacto con el Departamento de Servicios Sociales para obtener asistencia para el pago de todos sus gastos médicos. Podemos reprogramar o demorar los servicios que no sean de emergencia hasta que obtenga la asistencia financiera o se hayan realizado los arreglos de pago. Póngase en contacto con nuestra oficina inmediatamente para discutir las opciones que pueden estar disponibles para usted.

Asistencia Financiera de UM Shore Regional Health



Record Observer PAGE 24 June 24, 2016

SENIOR SATELLITE

Private home care promotes faster, safer recovery

suffers an illness, heart attack or stroke the road to recovery can be long and difficult. Depending on the severity they may go from the hospital to a skilled nursing rehabilitation facility. If rehabilitation is required it may involve physical, speech lifestyle or occupational therapy. The goal of the SNF is to improve the health and ability of the individual in order for them to return home safely.

Medicare data shows that nearly 1 in 5 patients who leave the hospital or a SNF are readmitted within the next month and that more than 75 percent of those readmissions are preventable.

hospital or SNF they are usually healthy enough to return home but may still require additional care and recovery time. The top five reasons for re-admission to the hospital within 30 days include:

- Non-compliance with change recommendations from doctors or therapists
- Failure to take medication correctly, including required regimen changes
- Patient not properly directed or informed of available home health services
- Lack of follow through on care, doctor appointments and tests once dis-

encourage home health ser-

Suffering a fall or an accident once an individual returns home is common. Depending on the severity it may create new medical issues such as a broken bone or head trauma. Many families hire a private home care agency to provide an aide/caregiver to assist their loved one at critical points during the day such as showering/bathing and dressing. A small amount of extra help with activities of daily living at home during the early stages of recovery can be life saving.

Private home care aides/

• Failure of doctors to caregivers can provide the following to help with recov-

- Medication management and supervision to ensure regimen changes are adhered to
- Fall prevention to reduce the chance of re-injury
- · Grocery shopping and preparation of balanced
- Assistance with personal care which helps prevent infections and falls
- Transportation to doctor appointments, tests, and necessary follow up appointments
- Encouragement of life style changes while family members are not at home to assist
- Early identification of complications or return of conditions

• Assistance with exercises prescribed by therapists

Home care assistance will not prevent all return trips to the hospital or a SNF but it will greatly reduce the chance that someone needs to go back and or reduce the length of the required stay if issues are identified early. The key is the development of a proper plan of care by a registered nurse and periodic supervision to make sure the patient is following the plan.

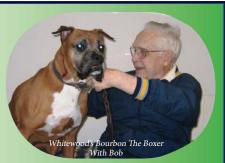
Home care can be tailored to meet each patient's specific needs from a few hours per day to 24/7. It can last for a day, a week, several months or long term depending on the individual and family's needs. It can also start out with longer shifts and decrease as the patient improves and then be eliminated once they have recovered.

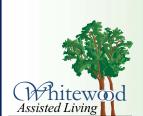
The cost of private home care is not covered by Medicare. In most cases it is paid by the patient, family or long term care insurance and is in the range of \$21 to \$24 per hour.

Many families believe the benefits far out way the cost especially in the first few weeks/months after your loved one has returned home. That is why more and more people are choosing home care to make sure their loved has the best chance at recovery. No one wants someone's to decline due to a fall that could have been avoided or from a lack of effort in doing what is required to improve their health.

Where can you get senior care for around \$5 per hour?

WHITEWOOD!





24 hour care
All meals, housekeeping included
Private Room and bath
Newly remodeled facility

Assistance with dressing, grooming, bathing, transferring
Fun - including activities like bingo, puzzles, exercise, pets Care for the resident's pet

410.304.2239

112 Collier Road • Grasonville, MD www.whitewoodassistedliving.com



SHORE

From Page 21

April Sharp, director of the Talbot County Department of Social Services, said Talbot County is piggybacking off a statewide initiative to deal with some of the problems Diriker raised regarding the Shore's aging population.

"We are expanding our

look at unique ways to expand the ... services for individuals in our community who want to age in place, Sharp said.

One example of that initiative is the Talbot Village concept, which is still in its very beginnings, she said.

The village concept brings people together who live within a small village or a community who can help those who have additional partnerships so that we can needs and who want to grow

older in their home.

"It can be as simple as someone who needs help changing a lightbulb that they can't safely reach anymore, to taking somebody to the grocery store," Sharp said.

One of the goals of the Talbot Senior Summit was to bring people together who may have something to give back — creating those partnerships important to aid with the aging population is-

Financial Assistance

University of Maryland Shore Regional Health understands that patients may be faced with a difficult financial situation when they incur medical bills that are not covered by insurance. We encourage every patient and family to pursue all available programs that may be offered through the local Departments of Social Services. There are many programs that you and your family may be eligible for, including pharmacy coverage and children's programs, even if your income may be above state guidelines. Shore Regional Health can offer financial assistance to our patients who are denied state assistance. Please speak with a Financial Services Representative to determine if you may be eligible for either full or discounted services under this program. The hospital will make a determination of probable eligibility within two business days following a patient's request for charity care services, application for medical assistance, or both. You may also contact our Financial Assistance Coordinator at 800-876-3364, extension 8619 for further information. Our financial aid programs will only apply to your hospital bills, and again, we encourage you to contact the Department of Social Services for assistance in paying all your medical bills. We may reschedule or delay non-emergency services until financial assistance or payment arrangements have been made. Please contact our office immediately to discuss the options that may be available to you.

UM Shore Regional Health Financial Assistance

For information on Maryland Medical Assistance contact your local Department of Social Services by phone 1-800-332-6347; TTY: 1-800-925-4434; or www.dhr.state.md.us.



Asistencia Financiera

University of Maryland Shore Regional Health comprende que los pacientes pueden enfrentar una situación financiera complicada cuando incurren en gastos médicos que no están cubiertos por el seguro. Alentamos a cada paciente y a su familia a que busquen todos los programas disponibles que puede ofrecer el Departamento de Servicios Sociales local. Existen muchos programas para los cuales usted y su familia pueden ser elegibles, incluyendo programas de cobertura farmacéutica e infantil, aún cuando sus ingresos estén por encima de las pautas estatales. Shore Regional Health puede ofrecer asistencia financiera a nuestros pacientes a quienes se les niega la asistencia estatal. Por favor, hable con un Representante de Servicios Financieros para determinar si es elegible, tanto para los servicios completos como para servicios con descuento conforme este programa. El hospital determinará la probable elegibilidad dentro de los dos (2) días hábiles posteriores a la solicitud de los servicios de atención de beneficencia del paciente, a la solicitud de Asistencia Médica o a ambas. Puede además ponerse en contacto con su Coordinador de Asistencia Financiera al 800-876-3364, extensión 8619 para obtener más información. Nuestros programas de ayuda financiera se aplicarán solamente a sus gastos hospitalarios, y nuevamente, lo alentamos a que se ponga en contacto con el Departamento de Servicios Sociales para obtener asistencia para el pago de todos sus gastos médicos. Podemos reprogramar o demorar los servicios que no sean de emergencia hasta que obtenga la asistencia financiera o se hayan realizado los arreglos de pago. Póngase en contacto con nuestra oficina inmediatamente para discutir las opciones que pueden estar disponibles para usted.

Asistencia Financiera de UM Shore Regional Health





June 28, 2016

PROOF OF PUBLICATION

University of Maryland Shore Regional Health Account 520158

<u>Creative</u>: "Financial Assistance"—Ad #2641873

Ad Size: 6 Col x 5—black/white

Publications and Run Dates:

| Star Democrat | 6/22/16 |
|------------------|---------|
| Bay Times | 6/22/16 |
| Times Record | 6/22/16 |
| Kent County News | 6/23/16 |
| Dorchester Star | 6/24/16 |
| Record Observer | 6/24/16 |
| | |

<u>Total Cost</u>: \$741.00

PO#: BL 143 2100 DB

From the desk of Gail Ruppe, Regional Advertising Manager gruppe@chespub.com
443-477-0324